

Eilidh Milnes
34 Nesfield Drive
Winterley
Sandbach
CW11 4NT

Office: +44(0)1270 212999 Mobile: +44(0)7876 786784

<mailto:e@eilidhmilnes.com>
<http://www.eilidhmilnes.com/>

Qualified Primary Teacher

A dynamic speaker with excellent interpersonal skills

Two decades of training and coaching experience

Education communication expert

- **EXCELLENT COMMUNICATOR**
- **KEYNOTE SPEAKER and AUTHOR**
- **EDUCATION CONSULTANT**

A highly self-motivated individual with a proven ability to influence, implement change and a passion to serve...

Self-employment

Current: IMU Eilidh Milnes <http://www.eilidhmilnes.com/communicationsconsultant>

Speaker, Author & Personal/Professional Development Consultant providing specialist training services to the education, local government and private sectors

Working closely with schools to tailor materials and provide the best possible training for all staff and stakeholders

Author of "*Love your Life... Survive the System*" ... *A Happiness Curriculum for Teachers*

Specialist training areas include:

- Communication and Presentation Skills
- Goal Setting and Time Management
- Leadership and management, stress prevention and time management

Currently working with two government funding agencies to deliver training and coaching in schools in the north-west and midlands areas <http://www.eilidhmilnes.com/FreeCourses>

Previous Employment

1997 to January 2005

Senior external trainer Cheshire Police Authority (CPA)

In this role of Trainer/Presenter, I undertook over 600 assignments for the Constabulary.

The key thrust of these deliveries involved raising awareness issues surrounding personal safety both individually and corporately, the resolution of conflict, domestic violence and retail robberies.

A key objective in these presentations for me was to address the 'perception gap' created by public opinion and the media and to reassure by establishing the facts surrounding the actuality of crime. Audience/delegate attendance varied from 10 to 250 people

Development of in-house training manuals

<http://www.eilidhmilnes.com/testimonials>

Freelance Trainer

Undertake training and programme deliveries for other companies and organisations such as NWDA and Business Link, Active Presence Ltd and Catt Consulting. I also employ freelance consultants via my own business to assist me deliver bespoke programmes.

Early career history

Qualified as a teacher in 1973

Taught twelve years in UK and abroad

I travelled extensively with my husband's work commitments. A career break gave me time to be with my young family and at this time I played an active role in local community issues. For four years, I was an elected member within local government for Crewe and Nantwich Borough Council.

Overview of Education and qualifications

2005 Certificate	Personal Development Coaching
2005 Diploma	Professional Development Coaching
1997 to 2005	In house courses with CPA including Domestic Violence Certificate level two, Domestic Burglary and Door Stop/Nuisance callers Counter Action – which I devised for retail sector
1992 to date	Continued professional development via PSA (Professional Speakers' Association)
1977 BA credits	Open University
1973 DipEd	Jordanhill College, Glasgow

Status

Married -1 son 1 daughter

Health - Excellent

Interests / hobbies

Walking - Family based activities

Health & Fitness – cycling

IT

<http://www.eilidhmilnes.com/eilidh>